

# GETTING HELP WITH GROCERIES IN BETHEL

Here are places you can go to get free food. To find an emergency food pantry that serves you or for more information, please call (541) 343-2822.

Call FOOD for Lane County at (541) 343-2822 to find out which location best serves you. Please bring your own bags or boxes.

## FREE PRODUCE

**CASCADE MIDDLE SCHOOL**  
1525 Echo Hollow Road, Eugene  
Sept-Jun Mon noon  
Jun-Sept Tue noon

## HOT MEALS

**CAFÉ 60**  
River Road Annex  
1055 River Road, Eugene  
Tue & Thur noon  
Serving ages 60+

## FOOD PANTRY

**BETHEL FOOD PANTRY**  
Bethesda Lutheran Church  
4445 Royal Avenue, Eugene  
2nd & 4th Sat 9:30am-noon

**CASA DE LUZ**  
Open Bible Fellowship  
1295 Taney Street, Eugene  
3rd Sat 10am-11:30am

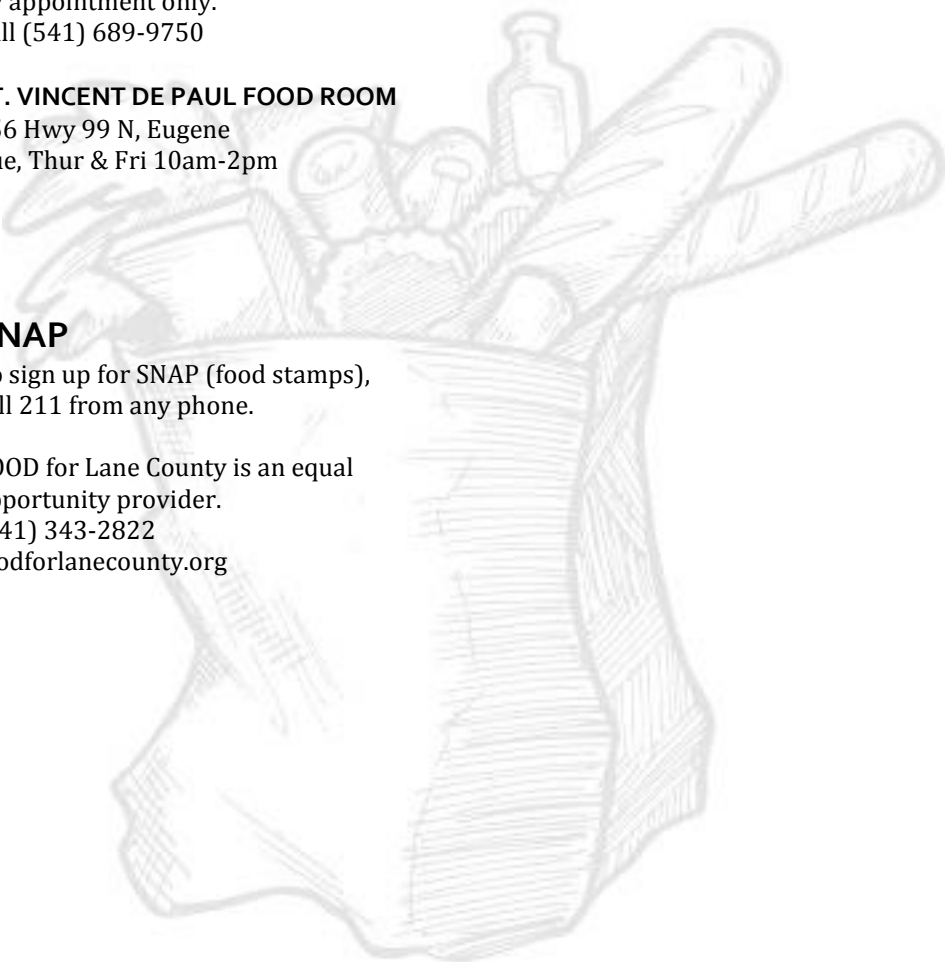
**FISH OF EUGENE**  
Trinity United Methodist Church  
440 Maxwell Road, Eugene  
By appointment only.  
Call (541) 689-9750

**ST. VINCENT DE PAUL FOOD ROOM**  
456 Hwy 99 N, Eugene  
Tue, Thur & Fri 10am-2pm

## SNAP

To sign up for SNAP (food stamps), call 211 from any phone.

FOOD for Lane County is an equal opportunity provider.  
(541) 343-2822  
[foodforlanecounty.org](http://foodforlanecounty.org)



# OBTENIENDO AYUDA CON COMIDA EN BETHEL

Aquí hay una lista de los lugares donde puede obtener comida gratis. A encontrar cual dispensa servirle usted o para más información llame FOOD for Lane County a (541) 343-2822.

## FRUTAS Y VERDURAS

### GRATIS

Llame FOOD for Lane County a (541)-343-2822 para encontrar cual lugar puede servirle. Por favor venir con sus propias bolsas y cajas.

#### CASCADE MIDDLE SCHOOL

1525 Echo Hollow Road, Eugene  
Septiembre - Junio Lunes 12pm  
Junio - Septiembre Martes 12pm

## COMIDAS CALIENTES

### CAFÉ 6o

River Road Annex  
1055 River Road, Eugene  
Martes y jueves 12pm  
Sirviendo edades 60+

## DESPENSA DE COMIDA

#### BETHEL FOOD PANTRY

Bethesda Lutheran Church  
4445 Royal Avenue, Eugene  
Segundo y cuatro sábado 9:30am-noon

#### CASA DE LUZ

Open Bible Fellowship  
1295 Taney Street, Eugene  
Tercer sábado 10am-11:30am

#### FISH OF EUGENE

Trinity United Methodist Church  
440 Maxwell Road, Eugene  
Solo por cito. Llame (541) 689-9750

#### ST. VINCENT DE PAUL FOOD ROOM

456 Hwy 99 N, Eugene  
Martes, jueves y viernes 10am-2pm

## SNAP

Para inscribirse para estampillas de comida (SNAP) llama 211.

FOOD for Lane County es un proveedor de igualdad de oportunidades. (541) 343-2822  
[foodforlanecounty.org](http://foodforlanecounty.org)

